



Urine Collection Technique for Males

ROUTINE URINALYSIS

MIDSTREAM COLLECTION

Please read thoroughly before starting. If you have any questions, please ask us.

- 1 Do not touch the inside of the container.
- 2 If you are uncircumcised, retract the foreskin over the head of the penis (hold in this position until specimen is obtained).
- 3 Pass first portion of urine directly into the toilet.
- 4 Pass a urine specimen into the container until it is about $\frac{1}{2}$ to $\frac{3}{4}$ full.
- 5 Continue to empty your bladder into the toilet.

MICROBIOLOGY CULTURE

CLEAN-CATCH COLLECTION

Please read thoroughly before starting. If you have any questions, please ask us.

- 1 Do not touch the inside of the container.
- 2 If you are uncircumcised, retract the foreskin over the head of the penis (hold in this position until specimen is obtained).
- 3 With sterile towelettes or equivalent, cleanse the head of the penis, beginning at the urethra and working away from it.
- 4 Pass first portion of urine directly into the toilet.
- 5 Pass a urine specimen into the container until it is about $\frac{1}{2}$ to $\frac{3}{4}$ full.
- 6 Continue to empty your bladder into the toilet.



Provided for the clients of